

Capitol Zone Capsule

Fourth Quarter 2022

Capitol Zone Officers

Betsy Martino, President
Rosanne Capdeville, VP of Christian Life & Gospel Outreach
Susan Schmidt, VP of Human Care & Organizational Resources
Patricia Willoughby, VP of Communication
Donna Halliburton, Secretary
Sylvia Kokel, Treasurer
Courtney Baxter, YWR
Rev. David Hintze, Pastoral Counselor

NATIONAL MITE GOAL FOR 2021-2023

Mite Goal for 2021-2023 Biennium: \$2,150,000

Amount Received: \$1,835,123.52

Amount Needed: \$314,876.48

Amounts as of September 30, 2022

TEXAS MITE GOAL FOR 2022-2024

Mite Goal for 2022-2024 Biennium: \$390,000

Amount Received: \$79,177.46

Amount Needed: \$310,822.54

Amounts are through September 2022

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40th Biennial LWML Convention — Milwaukee, Wisconsin



The Lutheran Women's Missionary League (LWML) invites you to the 2023 LWML Convention to be held in Milwaukee, Wisconsin, June 22-25, 2023, where participants will "Celebrate the Lord of the Nations." The LWML Board of Directors selected the following Scripture verse, which is the basis for the theme. *Blessed is the nation whose God is the Lord, the people whom he has chosen as his heritage! The Lord looks down from heaven; he sees all the children of man* (Psalm 33:12-13).

Rev. Dr. Gregory Seltz, Executive Director of the Lutheran Center for Religious Liberty will be the keynote speaker. Previously he served as the Speaker of The Lutheran Hour® radio program. Past LWML Vice President of Special Focus Ministries (2015-2019) Kaye Wolff will lead Bible study, and LWML's Comic Relief Duo Jan Struck and Abby Goehring will entertain the crowd. There will be early morning Bible studies, mission grant recipient speakers, and of course, a mission pledge walk! Together, thousands of women and men will worship the Lord of the nations together.

Watch for convention details to be found in the winter issue of the *Lutheran Woman's Quarterly* coming soon.

From the President

Greetings sister LWMLers! *This is the day that the Lord has made. Let us rejoice and be glad in it* (Psalm 118:24). *The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness* (Lamentations 3:22-23).

What wonderful promises for each and every day! If we could just hang on to these words when our days turn into “very bad terrible no good” days. God is always with us, to give us everything we need for everything that happens in every one of our days. It is so easy to be glad in the Lord when all is going well; and so hard when we are wrapped up in frustration or sorrow. But the good news is that God is with us. His spirit prays for us when we don’t know how to pray. He gives us the willingness and the strength and even the words to praise Him in all situations.

This is the day that the Lord has made; let us rejoice and be glad in it (Psalm 118:24).

Let me introduce myself: My name is Betsy Martino. My husband Bill and I have four grown children, their respective spouses, and five grandchildren, four of them 20 years old and older, and one 6 months old, who is in our care three days a week. I love the LWML and think that God uses every woman in it to spread His kingdom. It is my privilege to serve you as zone president for the next two years. I can’t wait to see what God will accomplish!

Rally Report

Our Savior did a great job of hosting the fall rally. Positive comments were heard about the program focusing on the LWML District Mission Grants that we fund through our mites.

There were 86 ladies in attendance, the offerings were as follows:

Circle of Hope: \$707 plus items donated.

General offering: \$424 with \$318 going to general fund and \$106 to mites.

There was one candidate in every slot that was open for elections. The new officers are: President, Betsy Martino, Vice-President of Communication, Patricia Willoughby, Treasurer, Sylvia Kokel for a second term, nominating committee members, Marill Gerth, Darlene Waiser, and Laurie Bellard, Chairman.

Start making plans now to attend the national convention in Milwaukee Wisconsin next June. Make it a habit to visit the lwml.org and the lwmltxdist.org websites for all kinds of resources and inspirations for you and your group.

Rejoice in the Lord,

Betsy Martino

Capitol Zone President

From the past president

Thank you, to all the members of the LWML Capitol Zone! It has been a joy and a privilege to serve as Zone President for the past 4 years. What a wild and crazy time it was for all. But thanks be to God for the Victory! The Victory of salvation and eternal life. For the victory of living as a child of God through all the pandemic and beyond. As long as he grants us life on this earth, as Christians, we are to serve Him, love our neighbor and witness to others. Thanks be to God; he has sustained the LWML for 80 years-and what a great way to continue to serve Him, love our neighbor and witness to others through the LWML!! We truly are Women in Mission! ...Can't wait to see you at the next LWML Capitol Zone Event!

Cheryl Wawrzyniak

Hello from the VP of Communication

I am so excited to be back working with the Executive Committee for the Capitol Zone LWML. It is a privilege and an honor to serve as your VP of Communication.

I have some interesting and fun ideas. Here are just a couple of them. First, I am looking for anyone who likes to write and take pictures. The Communication Committee can definitely use an inspiring photo journalist of any age and this includes anyone who would like to do videos. Second, please include your LWML group name and a brief paragraph or two about any pictures that you send in for the Zone Capsule. Also let us know if you wish to be acknowledged as a contributor.

You are welcome to send your articles and pictures for the Zone Capsule to me at CzLwmlVpComm@gmail.com. The Deadline for the February issue is **January 15, 2023**. Wow, can you believe that 2022 is drawing to a close?

Gladly Serving You & The Lord,

Patricia Willoughby

Your VP of Communication

"Tell of His salvation from day to day. Declare His glory among the nations!"

1 Chronicles 23b-24a

COMMUNICATION

Deadline for the 1st Quarter Capitol Zone Capsule is **January 15, 2023**. Please submit all articles to Patricia Willoughby at czlwmlvpcomm@gmail.com. Don't forget to include digital pictures or clip art to illustrate your article.

Cooler temperatures and pumpkins have arrived in our area. Sometimes the arrival of a change in our weather and seasons helps us focus on new and different blessings we receive from God.

At the Fall Rally, new officers were elected to serve our Capitol Zone. We thank God and President Cheryl Wawrzyniak and Vice President of Communication Joanna Roche for their years of service and the outgoing Nominating Committee members. We welcome President Betsy Martino, Vice President of Communication Patricia Willoughby and new Nominating Members Laurie Bellard, Marill Gerth, and Darlene Waiser. We are blessed by God with gifts and talents and each of us can use them to share God's love through LWML and service to others.



A Devotion for You – **“Strive to excel in building up the church.”** 1 Corinthians 14:12ESV
You have a role to play in the church. Some roles are obvious: teacher, preacher, elder trustee. Some roles get overlooked: garden weeder, food bank stocker, organizer of potlucks. Some roles may be known to no one but you and God: caller of lonely people, person who notices when someone is absent—and quietly checks up to see that they're okay.

And there is the person who regularly, faithfully and in complete privacy asks God to meet the needs of the church—to protect the weak, provide for the poor, comfort the grieving, and inspire those who teach and preach. The church cannot do without those who pray—those who come into God's presence asking Him to do what we cannot—to grow His church and to bring people to faith in Jesus.

You are a member of the body of Christ, and Jesus lives through you. The love that drove Him to the cross is living and alive in you, a blessing to those around you. Reprint permission granted from The Lutheran Hour Ministries, *Hope for You* newsletter, Fall 2022, lhm.org.



Weekly Meditations and Monthly Bible Studies

lwmltxdist.org

The LWML Texas District **Christian Life** Department has introduced a new feature on the website. Each week a meditation written by Kayla Winkler is posted on the website. In addition, a monthly Bible study for individual or group use is available.

Also on the District website, **Looking for opportunities to Share God's Word or Demonstrate Jesus' Love?**

The LWML **Gospel Outreach** Committee provides resources to encourage and equip you to share the Good News of Jesus' great love in your everyday living. Check out the LWML website page www.lwml.org/gospel-outreach
Ideas for sending a Missionary Care Package are available for you.

Mission Service activities have been happening all over the state of Texas and collection time is near. In November three cities are the site where hours of service and love for others will come to fruition for *Lutheran World Relief*. We look forward to hearing the good news of how many quilts, blankets, school kits, personal care kits, fabric kits, and baby care kits were collected and sent on to comfort and bless others. It is not too early to start thinking of 2023 mission service ideas your groups will consider. Lutheran World Relief Kits are a simple, fun and tangible way to offer comfort to those suffering and express love to our neighbors in need. Look at lwr.org to find helpful information or look at our LWML website for Mission Service ideas.



Christian Life and Gospel Outreach (continued)



Do you know of some children that you would like to encourage? ***You Are Gifted!*** is Lutheran Hour Ministries' newest children's booklet in the Project Connection booklets. Through colorful illustrations and rhyme, children discover how some of their favorite activities, such as painting, cooking and baseball are God-given talents. And they can share those gifts with their friends and neighbors. Consider ordering this and other kid-friendly ministry resources for children in your church, school or day care at lhm.org/kids

"Save the date" for LWML events

January, 2023	Quilt-a-thon/Stamp-o-ree TBD
February 24-25, 2023	Capitol Zone Retreat, Camp Lone Star, La Grange
April 30, 2023	Capitol Zone Spring Rally, St Paul, Thorndale
June 22-25, 2023	LWML Convention, Milwaukee, Wisconsin

Faith Lutheran LWML, Georgetown

Quilt made at the Retreat (see article page 7)

Lutheran World Relief "Quilt Sunday" Sunday, October 23, 2022



The LWR Quilts will be on display on the pews on Sun., Oct. 23rd. This year our ladies completed 140 Quilts. These quilts, along with a number of Sewing Kits will be shipped in November.



LWML Sunday and Fall Rally Pictures



Hope LWML singing at church on LWML Sunday



Hope ladies serving refreshments on LWML Sunday



Our new president, Betsy Martino and outgoing president Cheryl Wawrzyniak. New LWML Capitol Zone officers



Friends seeing old friends at the LWML rally (Sara Frank and Gerda BuBose). LWML Rally at Our Savior

Faith Lutheran LWML One Day Retreat
September 17, 2022
Guest Speaker: Pastor John Selle
Topic: Singing through the Church Year

The ladies of Faith Lutheran church were invited to a One-Day Retreat hosted by Helping Hands and Joy Mission Circle LWML women. The two groups worked together to provide breakfast and lunch for approximately 50 women. The tables were decorated with sheets of music and different crosses. After breakfast provided by Joy Mission Circle, Pastor Selle began his lesson on "Singing through the Church Year."

We enjoyed learning about the Church year as we sang Advent songs like "Lift Up Your Heads, Ye Mighty Gates" and "O Come, O Come, Emmanuel." Then we had opportunity to discuss what Advent customs did we recall from our family, church and school. Next came Christmas Season, we sang "Away in a Manger," and discussed what our favorite Christmas Carol is and what activities our family did at this time of year. There was much merry making as we sang our way through Epiphany.

After all that singing, the ladies were served lunch brought to us by Helping Hands. Then we resumed our learning and singing with the Lenten Season. Our hearts were moved with hymns like "When I Survey the Wondrous Cross" and "There is a Green Hill Far Away." Pastor Selle covered Holy Week, Maundy Thursday, and Good Friday. The ladies discussed what they remembered about these special days of the church year. Some grew up in the Lutheran church and some are fairly new to the Lutheran faith.

Easter Sunday is a wonderful time of celebration! In 325, the Council of Nicaea established that Easter would fall on the first Sunday after the first full moon occurring on or after the vernal equinox. For this reason, Easter can fall on any date from March 22nd to April 25th. What is your favorite Easter Hymn? What Easter tradition do you still do?

Let's not forget Ascension and Pentecost! Accounts of our Lord's ascension can be found in Mark 16:19; Luke 24:51; and Acts 1:2. It is traditionally celebrated 40 days following Easter. Pentecost marks the official birthday of the Christian Church. You can read about it in Acts 2:1-4.

Our hands-on activity was ironing on music notes to quilt squares. The gracious music notes were drawn by Jennifer Reynolds. Our Faith Quilters then assembled the quilt which was later auctioned off. Thank you goes to Gert Schriener and Jennifer as well as the ladies of Helping Hands and Joy Mission Circle. (see page 5 for a picture of the quilt)

In closing, "a walk through the Church year is a walk in the footsteps of our Lord and Savior! We are reminded again about who He is and what He has done for us and for our salvation."

Patricia Willoughby

Redeemer LWML

Redeemer Austin, Dorcas & Women in Mission, made baked goods for a Sweet Shop on LWML Sunday. All donations collected were given to Mites.



For October's Pastor Appreciation, Redeemer's Women in Mission, gifted our Pastors, Kevin Westergren and Michael Knippa, with baskets of cards, baked goods gifts and gift cards.



Joy Mission Circle's Special Guest Liz Burnett

The ladies of Joy Mission Circle, Faith Lutheran Church, Georgetown, had the honor of a special guest, Liz Burnett, in September. She is our Texas District Heart to Heart Sister of All Nations. Liz shared her God story and how she became a Heart to Heart Sister. Bethel Lutheran Church in Bryan, TX, is her church home and is in the Bluebonnet Zone. Your group can invite Liz to speak at your next gathering. She can be contacted via email mamaburn4221@gmail.com or cell # 979-218-8583.



(L-R) Joyce Best, Cheryl Selle, Carol Nymann, Virginia Walker, Liz Burnett, Becky Krentz, Marill Gerth, and Denise Barnes